

Your Gear For The Trek Will Be Packed In Three Ways:

1. A Small Daypack – you will keep this bag with you as you travel to Hardware Ranch. It will go in the handcart (Daypack Provided By The Stake)
2. Bedroll: Roll Together Sleeping Bag, Pillow, Blanket, And Sleeping Pad (Optional) - Your bedroll will be transported to Hardware Ranch by the Logistics team.
3. A Personal Bag – this bag will be transported to Hardware Ranch by the Logistics team.

Remember To Label Everything With Your First And Last Name, Company # and Family Name

What To Pack In Your Daypack (Bag Provided By The Stake)

- ☐ Water Bottle – (water bottles with handles won't fit in carriers)
- ☐ Rain Poncho Or Rain Jacket
- ☐ 1 Pair Of Shoes For Water Crossing (For day #2 of the trek)
- ☐ Any Essential Items That You Will Need Access To (Ex: Medication, Personal Hygiene)
- ☐ Lip Protection – SPF 15+
- ☐ Sunscreen – SPF 30
- ☐ Pen Or Pencils
- ☐ Trek Book of Mormon

What To Pack In Your Bedroll (Bag Provided By The Stake)

- ☐ Sleeping Bag – Cold Weather Bag (Temperatures May Get < 40F At Night)
- ☐ Old Warm Blanket (Inside Sleeping Bag)
- ☐ Small Camp Pillow (Optional)
- ☐ Sleeping Pad (Optional)

What To Pack In Your Personal Bag

- ☐ Sweatshirt Or Hoodie
- ☐ Hand Towel Or Wash Cloth
- ☐ Comb Or Brush
- ☐ Deodorant (Optional But We Hope You Bring It J)
- ☐ Soap
- ☐ Toothbrush And Toothpaste (Place In Zip Lock Bag)
- ☐ 1 Pair Of Comfortable Trail Shoes, Well Broken In
- ☐ 3 Pair Of Sturdy Socks (Wear One Pair, Pack Two)
- ☐ 3 Sets Of Underclothing (Wear One Pair, Pack Two)
- ☐ Sleepwear (Sweats, Etc. – But May Only Be Worn At Bedtime)
- ☐ Small Headlamp Or Flashlight And Extra Batteries
- ☐ If You Wear Contacts/Glasses And Supplies As Needed
- ☐ Required Medications (Medical Personnel Need To Know What You Have)
- ☐ Moleskin

Young Women Should Bring:

- ☐ 2 To 3 Pair Of Loose, Lightweight Pants (Wear One, Pack One Or Two)
- ☐ 2 Shirts (Provided By The Stake, Wear One, Pack One)
- ☐ Wide Brim Hat Recommended For Sun Protection.
- ☐ Feminine Hygiene Supplies
- ☐ Hair Elastics Or Fasteners (Optional)

Young Men Should Bring:

- ☐ 2 To 3 Pair Of Loose, Lightweight Pants (Wear One, Pack One Or Two)
- ☐ 2 Shirts (Wear One, Pack One, The Stake Will Provide The Shirts)
- ☐ Wide Brim Hat Recommended For Sun Protection.

Optional Items:

- ☐ Lotion
- ☐ Hand Sanitizer Or Small Package Of Hand Wipes
- ☐ Sunglasses (Simple And Inexpensive)

Do NOT Bring:

- X Leggings
- X Fireworks, Matches, Lighters.
- X Hatchets, Sheath Or Butterfly Knives
- X Firearms Or Weapons

Ma & Pa Packing List**These items go in the Logistics trailer:**

- ☐ (3) – Tents to sleep your entire family – (1) for Ma/Pa, (1) for the girls, (1) for boys
- ☐ Canopy

These items go in the Food trailer and then in the Handcart:

- ☐ (2) – 5 Gallon Water Jugs & (1) Large Food Cooler (45 – 54 qt)

These items go in the private vehicle and then in the Handcart:

- ☐ 2-Way Radio (Captains – Required, Others - Optional)
- ☐ Ma & Pa Camping Fold Up Chairs
- ☐ Family First Aid Kit (Band-Aids)
- ☐ Blanket For Family Seating
- ☐ Plastic tarp/cover
- ☐ 50' – 100' Twine Or Rope
- ☐ Extra Personal Items
 - Feminine Hygiene
 - Wet Wipes
 - Caladryl Or Calamine For Minor Bug Bites
 - Mosquito Spray
 - Sunscreen
 - Facial Tissue
 - Mollen (Moleskin For Blisters)
 - Pens/Pencils
 - Flashlights/Batteries