

Your Gear For The Trek Will Be Packed In Three Ways:

1. A Small Daypack – you will keep this bag with you as you travel to Hardware Ranch. It will go in the handcart (Daypack Provided By The Stake)
2. Bedroll: Roll Together Sleeping Bag, Pillow, Blanket, And Sleeping Pad (Optional) - Your bedroll will be transported to Hardware Ranch by the Logistics team.
3. A Personal Bag – this bag will be transported to Hardware Ranch by the Logistics team.

Remember To Label Everything With Your First And Last Name, Company # and Family Name

What To Pack In Your Daypack (Bag Provided By The Stake)

- Water Bottle – (water bottles with handles won't fit in carriers)
- Rain Poncho Or Rain Jacket
- 1 Pair Of Shoes For Water Crossing (For day #2 of the trek)
- Any Essential Items That You Will Need Access To (Ex: Medication, Personal Hygiene)
- Lip Protection – SPF 15+
- Sunscreen – SPF 30
- Pen Or Pencils
- Trek Book of Mormon

What To Pack In Your Bedroll (Bag Provided By The Stake)

- Sleeping Bag – Cold Weather Bag (Temperatures May Get < 40F At Night)
- Old Warm Blanket (Inside Sleeping Bag)
- Small Camp Pillow (Optional)
- Sleeping Pad (Optional)

What To Pack In Your Personal Bag

- Sweatshirt Or Hoodie
- Hand Towel Or Wash Cloth
- Comb Or Brush
- Deodorant (Optional But We Hope You Bring It J)
- Soap
- Toothbrush And Toothpaste (Place In Zip Lock Bag)
- 1 Pair Of Comfortable Trail Shoes, Well Broken In
- 3 Pair Of Sturdy Socks (Wear One Pair, Pack Two)
- 3 Sets Of Underclothing (Wear One Pair, Pack Two)
- Sleepwear (Sweats, Etc. – But May Only Be Worn At Bedtime)
- Small Headlamp Or Flashlight And Extra Batteries
- If You Wear Contacts/Glasses And Supplies As Needed
- Required Medications (Medical Personnel Need To Know What You Have)
- Moleskin

Young Women Should Bring:

- 2 To 3 Pair Of Loose, Lightweight Pants (Wear One, Pack One Or Two)
- 2 Shirts (Provided By The Stake, Wear One, Pack One)
- Wide Brim Hat Recommended For Sun Protection.
- Feminine Hygiene Supplies
- Hair Elastics Or Fasteners (Optional)

Young Men Should Bring:

- 2 To 3 Pair Of Loose, Lightweight Pants (Wear One, Pack One Or Two)
- 2 Shirts (Wear One, Pack One, The Stake Will Provide The Shirts)
- Wide Brim Hat Recommended For Sun Protection.

Optional Items:

- Lotion
- Hand Sanitizer Or Small Package Of Hand Wipes
- Sunglasses (Simple And Inexpensive)

Do NOT Bring:

- Leggings
- Fireworks, Matches, Lighters.
- Hatchets, Sheath Or Butterfly Knives
- Firearms Or Weapons

Ma & Pa Packing List**These items go in the Logistics trailer:**

- (3) – Tents to sleep your entire family – (1) for Ma/Pa, (1) for the girls, (1) for boys
- Canopy

These items go in the Food trailer and then in the Handcart:

- (2) – 5 Gallon Water Jugs & (1) Large Food Cooler (45 – 54 qt)

These items go in the private vehicle and then in the Handcart:

- 2-Way Radio (Captains – Required, Others - Optional)
- Ma & Pa Camping Fold Up Chairs
- Family First Aid Kit (Band-Aids)
- Blanket For Family Seating
- Plastic tarp/cover
- 50' – 100' Twine Or Rope
- Extra Personal Items
 - Feminine Hygiene
 - Wet Wipes
 - Caladryl Or Calamine For Minor Bug Bites
 - Mosquito Spray
 - Sunscreen
 - Facial Tissue
 - Mollen (Moleskin For Blisters)
 - Pens/Pencils
 - Flashlights/Batteries